



Nursing History, Ethics & Professional Development I Module

Bachelor of Science (Honours) in Nursing Degree
Department of Nursing and Midwifery
Faculty of Allied Health Sciences
University of Sri Jayewardenepura

Nursing History, Ethics & Professional Development I

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Nursing History, Ethics & Professional Development I

Introduction

This subject is designed to take the student from the position of being a new learner within higher education through consideration of him / herself within the context of the chosen profession and within the context of health system in Sri Lanka. It focuses on personal development of the student as a professional nurse enabling the students to adjust their behaviour pattern to function efficiently in the university and in the clinical field. The students will explore the historical characters and incidents in nursing and development of the discipline. Students will be introduced to nursing ethics, role of ethics in society and importance of ethics in professional relationships according to cultural norms. This module will further develop the skills of communication, teamwork and study skills required of a learner in higher education. Introduction of nursing theories, nursing research, the importance of evidence-based practice and critical thinking and inquiring while practice will also be included.

This is a combined subject including Nursing History, Ethics & Professional development. The subject enables the students to learn about the History of nursing profession and ethical aspects in nursing profession. Moreover, this subject allows students to gain knowledge about professional development in the field of nursing.

Nursing History, Ethics & Professional Development I

No. of credits: 04

Placement: Term 1-3 (1st year)

Prerequisites: None

Teaching Unit: Department of Nursing & Midwifery

Teaching Personnel: Nursing Lecturers

Contact Hours: 45 hours

Teaching methods: Lecture/ Discussion/ Tutorial

Practical / Lab: None

| Subject | Lecture/ Tutorial | Lec. credits | Lab Hrs | Lab. credits | Practice Hrs | Prac. credits | Total Hrs | Total credits |
|--|------------------------------|-------------------------|--------------------|-------------------------|-------------------------|--------------------------|----------------------|--------------------------|
| Nursing History, Ethics and Professional Development I | 45 | 3 | - | - | - | - | 45 | 3 |

Nursing History

Credits: 01

Contact Hours: 15

Introduction

The subject provides students with knowledge and understanding about importance of documenting nursing history to the profession and the influence of religions and war on the development of nursing in the past. Students also study the contributions of selected leaders to develop nursing.

Course learning outcomes:

At the end of the course the students will be able to;

1. Describe the origin of nursing
2. Analyse the evolution of nursing
3. Describe the influence of religions and war on the development of nursing in the past
4. Discuss the contributions of selected leaders to develop nursing
5. Describe importance of documenting nursing history to the profession

Main content areas

| Main Content Area | Lectures/ Discussion/ Tutorial (Hours) | Tutorials/SGD/ PBL No. of sessions |
|---|---|---------------------------------------|
| 1. The Origin of nursing | 02 | 03 |
| 2. Development of Nursing as a vocation -from Early to Late Middle ages | 04 | |
| 3. Nursing in Transition | 02 | |
| 4. Development of nursing as a profession | 02 | 05 |
| 5. New frontiers in nursing and importance of documenting nursing history | 02 | |
| 6. Contributions of selected leaders to develop nursing | 02 | |
| 7. Role of Professional organizations in developing nursing | 01 | |

Nursing History

1. The Origin of nursing

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|---|-----------------------|----------|
| 1.1. To describe the care of the sick among primitive people | - the care of the sick among primitive people | Lecture discussion | 02 hour |

2. Development of Nursing as a vocation -from Early to Late Middle ages

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|---|--|-----------------------|----------|
| 2.1. To describe the nursing influenced by Christianity | - The nursing influenced by Christianity | Lecture discussion | 02 hour |
| 2.2. To describe the aristocratic and military influences | - The aristocratic and military influences | | 02 hour |

3. Nursing in Transition

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|---|--|-----------------------|----------|
| 3.1. To describe the dark period and the dawn of modern times | - The dark period and the dawn of modern times | Lecture discussion | 30 min |
| 3.2. To explain the new directions of medicine | - New directions of medicine | | 30 min |
| 3.3. To describe social reforms and nursing | - Social reforms and nursing | | 01 hour |

4. Development of nursing as a profession

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|---|---|-----------------------|-----------------|
| 4.1. To describe developments of nursing in other countries | - Developments of nursing in other countries- E.g., India, Europe | Lecture discussion | 1 hour |
| 4.2. To describe development of nursing in Sri Lanka | - Background of Introducing Modern Nursing to Sri Lanka - Rockefeller Foundation - Nursing Diploma - Nursing undergraduate program | | 1 hour |

5. New frontiers in nursing

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|--|-----------------------|-----------------|
| 5.1. To explain the rise of nursing organizations and associations | - Nursing organizations and associations in Sri Lanka | Lecture discussion | 30 min |
| 5.2. To explain legislation and registration | - International nursing organizations and associations | | 30 min |
| 5.3. To describe educational trends and developments | - Legislation and registration Educational trends and developments | | 30 min |
| 5.4. To explain professional standards in nursing | - Educational trends in nursing - Nursing specializations | | 30 min |
| 5.5. To describe advancements in nursing in Sri Lanka | - Professional standards in nursing | | 30 min |

6. Contributions of selected leaders to develop nursing

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|---|-----------------------|-----------------|
| 6.1. To explore nursing history, research and nursing theories | <ul style="list-style-type: none"> - Nursing research trends - Nursing theories - Nursing leaders in the history | Lecture discussion | 02 hours |

7. Role of Professional organizations in developing nursing

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|---|---|-----------------------|-----------------|
| 7.1. To identify the professional organizations in developing nursing | <ul style="list-style-type: none"> -The national professional organizations in developing nursing -The international professional organizations in developing nursing | Lecture discussion | 01 hour |

Introduction to Nursing Ethics

Subject description

This module is designed to assist the students to acquire knowledge of nursing ethics, role of ethics in society and importance of ethics in professional relationships according to cultural norms.

Credits: 01

Contact Hours: 15

Course learning outcomes:

At the end of this course, students should be able to;

1. Appreciate the extent and significance of ethics in social, personal, and professional life.
2. Discuss why the ethical concerns are prominent in nursing practice
3. Discuss theoretical approaches to health care ethics
4. Develop abilities in reasoning and judgement in one's own thinking as well as in communicating with others.

Main content areas

| Main Content Area | Lectures/ Discussion/ Tutorial (Hours) | Tutorials/SGD/ PBL No. of sessions |
|--|---|---|
| 1. Introduction to nursing ethics | 01 | 03 |
| 2. Basic principles of ethics | 03 | |
| 3. The foundations used for ethical decision-making | 02 | |
| 4. The patient's rights | 02 | 05 |
| 5. The need of a code of ethics for practice | 02 | |
| 6. Student Seminar (selected topics) | 05 | |

Introduction to Nursing Ethics

1. Introduction to nursing ethics

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|--|-------------------|----------|
| 1.1. To state the definition of ethics 1.2.To explain the professional adjustment in nursing 1.3.To identify the factors influencing nurses to function effectively 1.4.To identify values, morals, laws, and ethics in nursing profession 1.5.To develop the skills in decisions making of ethical dilemmas | <ul style="list-style-type: none"> - Definition of ethics - Introduction to professional adjustment in nursing - Introduction to the factors influencing nurses to function effectively - Introduction to values, morals, laws, and ethics in nursing profession - Ethical dilemmas | Lecture/Role play | 01 hour |

2. Basic principles of ethics

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|---|--|----------|----------|
| 2.1. To describe the basic ethical principles | <ul style="list-style-type: none"> - Basic ethical principles | Lecture | 02 hour |

3. The foundations used for ethical decision-making

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|--|-----------------------|-----------------|
| 3.1. To describe the foundations used for ethical decision | <ul style="list-style-type: none"> - Values and opinions, - Religious beliefs - Personal, religious, and philosophical viewpoints | Lecture discussion | 02hour |

4. The patient's rights

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|---|-----------------------|-----------------|
| 4.1. To state the patient's rights | <ul style="list-style-type: none"> - Patient's bill of rights | Lecture /Role play | 01 hour |
| 4.2. To apply the knowledge of patients right in clinical practice | <ul style="list-style-type: none"> - Ethical concepts applied to nursing | | 01 hour |

5. The need of a code of ethics for nursing practice

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|---|--|-----------------------|-----------------|
| 5.1. To discuss the need of a code of ethics for nursing practice | <ul style="list-style-type: none"> - The need of a code of ethics for practice - ICN code of ethics for Nursing practice - Case studies | Lecture discussion | 02 hours |

6. Student Seminar

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|---|---------------------|-----------------|
| 6.1. Student Seminar (selected topics) | -Humanitarian Organization (Group presentation) | Group presentations | 05 hours |

Teaching/Learning activities:

Lecture /Tutorials

Small group discussions, Group presentation

Professional Development 1

Introduction

This course is designed to assist the students to acquire knowledge and understanding about importance of personal development a professional nurse. Further, this course will be enabling the students to adjust their behavior pattern to function efficiently in the university and in the clinical field.

Credits: 01

Contact Hours: 15

Course objectives

At the end of the course the students will be able to;

1. Explain characteristics of a profession
2. Differentiate between responsibility and accountability
3. Develop positive attitudes towards maintaining appropriate personal and professional relationships in practice.
4. Identify the trends in nursing education and nursing services in Sri Lanka and in other countries.
5. Demonstrate reflective thinking and ethical reasoning in specific situations

Main content areas

| Main Content Area | Lectures/ Discussion/ Tutorial (Hours) | Tutorials/SGD/ PBL No. of (2hrs) sessions |
|---|---|--|
| 1. Being a new learner in a selected profession | 02 | 08 |
| 2. Introduction to reflective practice | 01 | |
| 3. Introduction to professionalism | 01 | |
| 4. Study skills in higher education | 01 | |
| 5. Commitment of nurses to nursing | 02 | |
| 6. Nursing relationships | 02 | |
| 7. Responsibility and Accountability in nursing | 02 | |
| 8. Introduction to evidenced –based nursing and nursing specialities | 01 | |
| 9. Nursing literature | 01 | |
| 10. Developments in health care in other countries | 01 | |
| 11. Career development in nursing | 01 | |

Professional Development 1

1. Being a new learner in a selected profession

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|--|-----------------------|----------|
| 1.1. To describe nursing education system | <ul style="list-style-type: none"> - Introduction to nursing education - Being a student nurse - Being aware of one's own behaviour - Developing personality | Lecture discussion | 01 hour |
| 1.2. To identify the role as a student nurse | | | 01 hour |

2. Introduction to reflective practice

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|---|-----------------------|----------|
| 2.1. To apply the Gibb's reflective cycle in clinical practice | <ul style="list-style-type: none"> - Gibb's reflective cycle - Reflective writing | Lecture discussion | 01hour |

3. Introduction to professionalism

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|---|-----------------|-----------------|
| 3.1. To state the characteristics of a profession | - Characteristics of a profession | Lecture | 15 min |
| 3.2. To describe the nursing as a profession | - Nursing as a profession | discussion | 30 min |
| 3.3. To describe the nursing profession in other countries | - The nursing profession in other countries | | 15 min |

4. Study skills in higher education

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|---|---|-----------------|-----------------|
| 4.1. To identify the strategies to develop study skills | - The strategies to develop study skills | Lecture | 15 min |
| 4.2. To describe the ways that can help the colleagues | - Helping the colleagues | discussion | 30 min |
| 4.3. To explain the value of recreation, dancing, music | - Value of recreation, dancing, music - Opportunities as an undergraduate to engage with recreation, dancing, music etc. | | 15 min |

5. Commitment of nurses to nursing

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|---|---|-----------------------|----------|
| 5.1. To explain the role of a nurse as a care giver, educator, and patient advocate | - The role of a nurse as a care giver | Lecture discussion | 30 min |
| 5.2. To develop the skills in holistic care | - The role of a nurse as an educator | | 30 min |
| 5.3. To state the Nightingale oath and its significance in Nursing | - The role of a nurse as a patient advocate | | 30 min |
| 5.4. To explain the significance of Nightingale oath in Nursing | - Holistic care approach | | 30 min |
| | - Nightingale oath | | |
| | - The significance of Nightingale oath in Nursing | | |

6. Nursing relationships

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|--|----------|----------|
| 6.1. To describe the professional relationships among hospital staff | - Relationships with hospital staff | Lecture | 01 hour |
| 6.2. To identify the multiprofessional/multidisciplinary team | - Acceptable patterns of behaviour | | 01 hour |
| | - Multiprofessional/multidisciplinary teams in health care | | |
| | - Being a team member | | |
| | - Learning through experience | | |

7. Responsibility and Accountability in nursing

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|---|--|-----------------|-----------------|
| 7.1. To discuss the responsibilities in nursing | - Responsibilities in nursing | Lecture | 01 hour |
| 7.2. To discuss the accountabilities in nursing | - Accountabilities in nursing - Difference between responsibilities and accountabilities - Ethical and legal aspects | | 01 hour |

8. Introduction to evidenced –based nursing and nursing specialties

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|--|-----------------|-----------------|
| 8.1. To explain the evidence-based nursing | -Evidence based nursing | Lecture | 01 hour |
| 8.2. To identify the nursing specialties | -Nursing specialties in around the world and Sri Lanka | | |

9. Nursing literature

| Intermediate Objectives | Broad Content Areas | Activity | Duration |
|--|---|-----------------|-----------------|
| 9.1. To state the nursing theorists | -Nursing theorists | Lecture | 30 min |
| 9.2. To explain the nursing theories of famous nursing theorists | -Nursing theories of famous nursing theorists | | 30 min |

10. Developments in health care in other countries

| Intermediate Objectives | Broad Content Areas | Activity | Duration | Department |
|--|---|-----------------|-----------------|---------------------|
| 10.1.To discuss the developments in health care in other countries | - The developments in health care in other countries-India/Europe | Lecture | 01 hour | Nursing & Midwifery |

11. Career development in nursing

| Intermediate Objectives | Broad Content Areas | Activity | Duration | Department |
|---|--|-----------------|-----------------|---------------------|
| 11.1.To identify the career opportunities in nursing profession | - Career opportunities in nursing profession | Lecture | 01 hour | Nursing & Midwifery |
| 11.2. To discuss career development in nursing | - Career development in nursing | | | |

Teaching/Learning activities:

Lecture /Tutorials

Small group discussions, Group presentation

Assessments

Continuous Assessment I - First year

| Subject | Components of Assessment | Marks Allocated |
|--|--------------------------|-----------------|
| Nursing History, Ethics & Professional development I | Assignment 1 - (Group) | 20% |

Continuous Assessment II - First year

| Subject | Components of Assessment | Marks Allocated |
|--|--------------------------|-----------------|
| Nursing History, Ethics & Professional development I | Assignment 2 | 20% |

Bachelor of Science Honours in Nursing - Part III Examination

| Subject/Course Unit | Component of assessment | No of Questions | Time Allocation | Marks Allocated | |
|--|---------------------------------|-----------------|-----------------|-----------------|-----|
| Nursing History, Ethics & Professional development I | Portfolio Based Structured Viva | | 10 minutes | 20% | 60% |
| | SEQ | 02 | 01 hour | 40% | |

Recommended readings:

Donahue, M.P. (1996) Nursing the finest art; An illustrated history, St. Louis, Mosby.

De, Silva, M.S. (1968) History of Nursing Services, Colombo, Lake House

Kelly, L.Y. (latest edition) Dimensions of Professional Nursing,

International Council of Nurses (latest edition) Ethics in Nursing Practice; A guide to ethical decision-making

References

BSc in Nursing (Hons) Curriculum (2018), Department of Nursing and Midwifery, Faculty of Allied Health Sciences, University of Sri Jayewardenepura